The Happiest Season of All

Numbers 11:1-15, page 114; Philippians 4:6-8, page 901

*What makes us happy?*

Numbers 11: What Doesn’t Work

1. Putting faith in our circumstances
2. Comparing our reality to something else
3. Carrying the wrong weight

**Our level of happiness will be in direct proportion to whatever we look at to make us happy.**

What Are You Looking At:

* We can worry, or pray
* Pay attention to your thoughts