Digging Deeper

1. Read 1John 1:5-10 – We all sin. But Jesus can pull us out of darkness and into His “wonderful light” (1Peter 2:9)! Have you ever accepted the forgiveness of Jesus? Whether for the 1st time or the 1000th, take a moment to privately confess your sins to Jesus and open your hands and heart to His forgiveness.
2. Read Ephesians 4:31-32 – Do you find accepting forgiveness from Jesus to be easy or difficult? How about from other people? Why or why not?
3. Think about how forgiveness, or lack of forgiveness, has impacted relationships in your past or present. Name a time when you’ve had to forgive someone for something really painful. Do you still forgive them, or could you use a “refresher” of forgiveness for them?
4. Can you think of someone you need to forgive? Whether from your past or your present, take a moment to acknowledge the hurt they’ve caused you. If you’re ready to stop holding that against them, take some time to talk to God about it. “Father, I choose to forgive \_\_\_\_\_ for \_\_\_\_\_\_\_\_\_\_\_\_ and making me feel \_\_\_\_\_\_\_\_. Help me to forgive them as you have forgiven me.”